eterna

Phone-free evening ideas for couples



Cut out the cards and keep them by the phone basket. Phones go in another room, then draw one card.

COSY

Read aloud to each other, a chapter each.

eterna

COSY

Have a candlelit bath or shower, then tea in pyjamas.

eterna

COSY

Lie on the floor and listen to an album from start to finish.

eterna

PLAYFUL

Play cards or a board game, with a silly prize for the winner.

eterna

PLAYFUL

Cook something new from a recipe book, not a screen.

eterna

PLAYFUL

Have a dance in the kitchen to the radio.

eterna

CREATIVE

Draw each other, badly, in ten minutes.

eterna

CREATIVE

Write a story together, one sentence each.

eterna

CREATIVE

Build something from whatever is in the drawers.

eterna

OUTSIDE

Take an evening walk with no route.

eterna

OUTSIDE

Sit outside and look for stars.

eterna

OUTSIDE

Walk to the nearest café or bar for one drink, and back.

eterna



Want something to talk about tonight?

Eterna asks each of you on your own and shows both answers once you have both answered. Book 1 is free.

Download on the App Store