

First anniversary questions for couples

Answer on your own. Then show each other and compare.



1 Answer on your own

2 Show each other

3 Talk it through



LOOKING BACK ON THE YEAR

01 What is your favorite memory from this year?

ME

MY PARTNER

02 What moment surprised you most about us?

ME

MY PARTNER

03 What is something small I did that you still think about?

ME

MY PARTNER

04 What did you learn about yourself this year?

ME

MY PARTNER



RIGHT NOW

05 What do you love about our everyday life right now?

ME

MY PARTNER

06 What is one thing about me you understand better than you did a year ago?

ME

MY PARTNER

07 What is something we do together that you would like to keep?

ME

MY PARTNER

08 What has been the hardest part of this year, and what helped?

ME

MY PARTNER



THE YEAR AHEAD

09 What is one thing you would like us to try this year?

ME

MY PARTNER

10 Where would you like to be on our next anniversary?

ME

MY PARTNER

11 What is one small ritual we could start?

ME

MY PARTNER

12 What is something you are looking forward to that has nothing to do with work?

ME

MY PARTNER



Prefer your phone?

Eterna asks each of you on your own and shows both answers side by side once you have both answered. Book 1 is free.

