eterna

Name _____

Splitting chores as a couple: a simple list



Print one for each of you. Mark every chore on your own, then compare the two sheets.

KITCHEN

	LIKE	DON'T MIND	DISLIKE
Cooking dinner	○	○	○
Washing up	○	○	○
Emptying the dishwasher	○	○	○
Wiping counters	○	○	○
Taking out the bins	○	○	○
Recycling	○	○	○
Food shopping	○	○	○
Cleaning the fridge	○	○	○
Packing lunches	○	○	○
Restocking basics	○	○	○

ROOMS AND LAUNDRY

	LIKE	DON'T MIND	DISLIKE
Vacuuming	○	○	○
Mopping floors	○	○	○
Cleaning the bathroom	○	○	○
Changing the bed	○	○	○
Washing clothes	○	○	○
Folding and putting away	○	○	○
Ironing	○	○	○
Dusting	○	○	○
Tidying shared rooms	○	○	○
Cleaning windows	○	○	○

RUNNING THE HOME

	LIKE	DON'T MIND	DISLIKE
Paying bills	○	○	○
Booking appointments	○	○	○
Planning meals	○	○	○
Keeping the calendar	○	○	○
Buying presents and cards	○	○	○
Remembering birthdays	○	○	○
Dealing with repairs	○	○	○
Looking after plants	○	○	○
Pet care	○	○	○
Car or bike upkeep	○	○	○

YOUR OWN

	LIKE	DON'T MIND	DISLIKE
	○	○	○
	○	○	○
	○	○	○
	○	○	○
	○	○	○
	○	○	○
	○	○	○
	○	○	○
	○	○	○
	○	○	○
	○	○	○
	○	○	○



Prefer your phone?

Eterna asks each of you on your own and shows both answers side by side once you have both answered. Book 1 is free.

Download on the App Store