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Advent calendar ideas for couples: 24 small things



Cut out the 24 cards. Put one in each day of your calendar, or all of them in a jar, and open one a day from 1 December.

DAY 1 Build a blanket fort and watch a winter film inside it. eterna	DAY 2 Make hot chocolate from scratch, with every topping in the cupboard. eterna	DAY 3 Read the first chapter of the same book aloud to each other. eterna
DAY 4 Eat dinner by candlelight with both phones in another room. eterna	DAY 5 Each write down three good moments from this year, then swap lists. eterna	DAY 6 Play songs from the year you met, and say where you were for each one. eterna
DAY 7 Bake biscuits and decorate a few for each other. eterna	DAY 8 Put on a two-person talent show, one act each. eterna	DAY 9 See who can make the best paper snowflake in ten minutes. eterna
DAY 10 Play a board game that has not been opened in a year. eterna	DAY 11 Make the other person's favourite breakfast. eterna	DAY 12 Hold a film night where each of you picks one festive film. eterna

✂ Cut along the dashed lines

DAY 13

Walk around your area after dark to see the lights.

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DAY 14

Visit a winter market and pick one small treat for each other.

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DAY 15

Take a walk at sunrise with a flask of tea.

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DAY 16

Go to a carol service, a concert or a free event in town.

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DAY 17

Find the best view near you and watch the sun go down.

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DAY 18

Go ice skating, or sledging if there is snow.

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DAY 19

Write each other a short letter to open on Christmas morning.

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DAY 20

Make an album of your year, on paper or on a phone.

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DAY 21

Choose one thing you want to do together next year.

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DAY 22

Call or visit someone you both love.

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DAY 23

Wrap presents for family together, with music on.

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DAY 24

On Christmas Eve, light a candle and each say one thing you are grateful for.

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Want something small for every day?

Eterna asks each of you on your own and shows both answers once you have both answered. Book 1 is free.

Download on the App Store